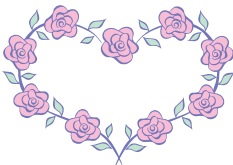

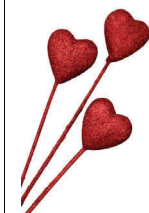
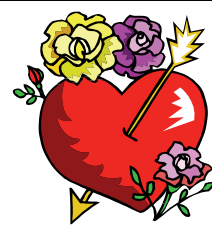





Activities for February 2011-Morning Activities

February is Black History & American Heart Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:00-Shuffleboard 1 9:30-Ready, Set, Walk 10:00-Adult Basic Ed. 11:00-Blood Pressure	9:00-Shuffleboard 2 9:30-News/Coffee 10:00-Bingo 11:00-Devotional Groundhog Day!	9:30-Ready, Set, Walk 3 10:00-Adult Basic Ed 10:00-Horseshoes 10:00-Wii Bowling 10:00-Alzheimers/Care Givers Support Group	10:00-Crafts 4 11:30-Sing A Long National Wear Red Day to Support Women's Heart Health-WEAR RED!	5
6	7 9:00-Shuffleboard 10:00-Bob Ross Painting 10:00-Jewelry Making 11:15-Chair Exercise	9:00-Shuffleboard 8 9:30-Ready, Set, Walk 10:00-Adult Basic Ed. 11:00-Blood Pressure 11:30-United Hospice	9:00-Shuffleboard 9 9:30-News/Coffee 9:30-Income Tax Day! 10:00-Bingo 11:00-Devotional	10 9:30-Ready, Set, Walk 10:00-Adult Basic Ed 10:00-Horseshoes 10:00-Wii Bowling	10:00-Crafts 11 11:30-Nutrition Workshop Cooperative Ext. Healthy Hearts	12 
 13	10:00-Shuffleboard 14 10:00-Bob Ross Painting 10:00-Jewelry Making 11:15-Chair Exercise 11:30-Valentines Party Crowning-Kings/Queens	9:00-Shuffleboard 15 9:30-Ready, Set, Walk 10:00-Adult Basic Ed.- Black History Trivia Contest 11:00-Blood Pressure	16 9:00-Shuffleboard 9:30-News/Coffee 10:00-Bingo 11:00-Devotional	17 9:30-Ready, Set, Walk! 10:00-Adult Basic Ed 10:00-Horseshoes 10:00-Wii Bowling	18 10:00-Crafts 11:30-Sing A Long	19
20	21 9:00-Shuffleboard 10:00-Bob Ross Painting 10:00-Jewelry Making 11:15-Chair Exercise	9:00-Shuffleboard 22 9:30-Ready, Set, Walk 10:00-Adult Basic Ed. 11:00-Blood Pressure 11:00-Friendship Tea	23 9:00-Shuffleboard 9:30-News/Coffee 10:00-Bingo 11:00-Devotional	24 9:30-Ready, Set, Walk 10:00-Adult Basic Ed 10:00-Free Hearing Screening-DHHS	25 10:00-Crafts 11:30-Sing A Long	26
27	9:00-Shuffleboard 28 10:00-Bob Ross Painting 10:00-Jewelry Making 11:15-Chair Exercise *Birthday Celebration		*Free Daily & Weekly Newspapers *Activities are subject to change.	*Books available for check out through the Business Office	Board Games, Wii, Spades, & Billiards, Lap Top Computer available at any time. Check with Office for Assistance.	

Activities for February 2011-Afternoon Activities

Mission: To Promote the Health, Well-Being, & Quality of Life for ALL Senior Citizens!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p> <p>12:30-Spades 5:15-TOPS 6:00-Single Mingle Covered Dish Meeting</p>	<p>2</p> <p>1:30-Needleworkers Guild 3:30-Tai Chi Groundhog Day!</p>	<p>3</p> <p>12:30-Spades 1:30-Bridge 3:00-Computer Class</p>	<p>4</p> <p>National Wear Red Day to Support Women's Heart Health-WEAR RED!</p>	<p>5</p>
<p>6</p> <p>12:30-Spades 6:30-Line Dancing</p>	<p>7</p>	<p>8</p> <p>12:30-Spades 5:15-TOPS</p>	<p>9</p> <p>12:00-Income Tax 1:30-Needleworkers Guild 3:30-Tai Chi</p>	<p>10</p> <p>12:30-Spades 1:30-Bridge 3:00-Computer Class</p>	<p>11</p> 	<p>12</p>
<p>13</p> 	<p>14</p> <p>12:30-Spades 6:30-Line Dancing Valentine's Day!</p>	<p>15</p> <p>12:30-Spades 5:15-TOPS</p>	<p>16</p> <p>1:30-Needleworkers Guild 3:30-Tai Chi</p>	<p>17</p> <p>12:30-Spades 1:30-Bridge 3:00-Computer Class</p>	<p>18</p>	<p>19</p>
<p>20</p>	<p>21</p> <p>12:30-Spades 6:30-Line Dancing</p>	<p>22</p> <p>12:30-Spades 5:15-TOPS</p>	<p>23</p> <p>1:30-Needleworkers Guild 3:30-Tai Chi</p>	<p>24</p> <p>12:30-Spades 1:30-Bridge 3:00-Computer Class</p>	<p>25</p>	<p>26</p>
<p>27</p>	<p>28</p> <p>12:30-Spades 6:30-Line Dancing</p>	<p>T-Taking O-Off P-Pounds S-Sensibly</p>	<p>*Free Daily & Weekly Newspapers *Activities are subject to change.</p>	<p>*Books available for check out through the Business Office</p>	<p>Board Games, Wii, Spades, & Billiards, Lap Top Computer available at any time. Check with Office for Assistance.</p>	